

KINGSTON UNITED is OPDL



Helping Young Athletes Take the Next Step—Confidently.

Choosing the right environment for your child’s soccer development isn’t just about the league. It’s about the people, the philosophy, and the pathway. At Kingston United, we believe that great players aren’t found. They’re developed.



A True Player Pathway

No Gimmicks. No Guesswork. Just Growth.

We’re Not a Franchise. We’re a Family.

Buliding a Path Forward – TOGETHER

Why Kingston United?

We’re proud to be Eastern Ontario’s only truly local, community rooted OPDL program. But what makes us different isn’t just geography. It’s our approach.

a true player pathway



Team Ontario & Canada Soccer scouting

Playing OPDL puts your child directly on the radar of provincial and national scouts. Ontario Soccer uses the league as its primary evaluation ground for Team Ontario selection. Top performers are invited to identification camps and showcases. These events are stepping stones to the national program. If your child dreams of wearing the maple leaf—it starts here.

College & university recruitment (NCAA/U SPORTS)

OPDL athletes regularly move on to play at the post-secondary level. Scouts and coaches monitor league play and attend major events. We provide players with highlight reels, references, and mentorship. From U SPORTS to NCAA Division I, II, and III—opportunities are real. OPDL opens academic and athletic doors.

Professional academies (MLS Next, CPL, NWSL)

Professional academies track OPDL players for early recruitment. We've seen KU players progress to CPL, MLS Next, and beyond. Our training mirrors academy environments—technical, tactical, mental. It's not just about being seen—it's about being ready when you are. This is where pro potential takes root.



No Gimmicks. No Guesswork. Just Growth



Where Development Isn't Left to Chance — It's Built Into Everything We Do



Kingston United is built for success with a proven internal development structure that ensures a seamless high-performance pathway from Mini Kickers to OPDL.

As the only club in Kingston with an OPDL License, recently extended through 2027, we offer the highest level of youth programming in Ontario for U13-U17 players. This direct pathway ensures that top talent between Ottawa and the GTA is developed the right way, within our high-performance system under elite coaching staff.

At KU, players don't need to look elsewhere to reach the next level. Our U17 OPDL graduates seamlessly transition into colleges, universities and the League1 Ontario program, ensuring a clear, structured progression within the club. For those bridging the gap between U17 OPDL and League1, we provide competitive playing opportunities in the OCSL U21 and Men's/Women's teams, keeping them within KU's high-performance environment.

This is the KU way—structured, sustainable, and built for success

**"The coaches at KU know my son as a person, not just a number on the field. He's developed more in one year than the last three combined."
— Sarah, U14 OPDL Parent**

We're Not a Franchise. We're a Family.

Shaping the Future
of High-Performance
Soccer in Kingston
with OPDL



OPDL is CORE to who we are.

Some clubs treat OPDL as a satellite program—licensed from afar, loosely connected, and designed to serve another region's goals. At Kingston United, OPDL is not a side offering. It's the heartbeat of our club.

We are proudly Kingston-run, Kingston-staffed, and Kingston, focused.

Every player, coach, and partnership is part of something real, a development system built right here, for this community.

We've spent years investing in local coaches, many of whom came up through the very same pathway.

We've built lasting relationships with families, schools, and local businesses who believe in what we do.

And more importantly, we've built a culture—a mindset that values humility, excellence, and character as much as technical skill.

When our players step on the field, they don't carry someone else's legacy. They carry Kingston's. And they do it with pride. Our success isn't measured by outside affiliations or borrowed logos, but by the growth of our players and the strength of our culture.



Success isn't built on promises—it's built on proven foundations. Kingston United already holds the National Youth Club License and OPDL status, demonstrating our ability to meet the highest standards in Canadian soccer. While others may hope to reach this level, we are already here, providing a fully established high-performance pathway.

Is OPDL right for my child?



Kingston United: Getting you ready for OPDL from the very beginning .

The Right Environment for Growth

Every child deserves to train in a place that's safe, structured, and supportive. OPDL at Kingston United offers a high-performance setting where development is intentional—not left to chance. Players are surrounded by certified, experienced coaches who understand youth progression. Training is tailored to individual growth, not just game-day performance. We focus on the full picture—on and off the pitch.

Real Development. Real Structure.

Our 10-month training program includes periodized sessions, mental skills development, and athletic support in strength, mobility, and recovery. It's not about playing more games—it's about training with purpose. Every session, every drill, every conversation is designed to move your child forward. No guesswork. No chaos. Just clear, professional development, week after week.

A Fair Chance to Be Seen and Succeed

OPDL doesn't rely on one-shot tryouts to choose players. Instead, we use a transparent Talent ID process that gives every athlete time to show their ability, potential, and drive. Our system identifies growth over time—not just performance on a single day. If your child has talent, dedication, and the right mindset, they'll be seen—and supported. That's the KU way.

A DEDICATED TECHNICAL DIRECTOR

Ryan Day is Kingston United’s stellar Technical Director .

**Technical Director Diploma, Canada
Soccer Youth License, Canada
Soccer Children’s License**

A dedicated Technical Director is essential for ensuring consistency, structure, and vision in player development. They oversee coaching methodologies, training standards, and tactical philosophy, aligning all levels of the club under a unified approach. With OPDL as the highest level in our pathway, having a Technical Director guarantees that players are prepared for elite competition.

As the only coach in the region to hold Ontario Soccer’s Technical Director Diploma, Ryan is a perfect fit as the TD for Kingston Soccer Alliance’s League1 teams. Having worked closely with leaders of the soccer programs at Queen’s, St. Lawrence College and Royal Military College, he is a trusted leader within the local soccer community. These links will be key to the long-term success of Kingston Soccer Alliance’s League1 teams as it will aid in the recruitment and retention of players over time.

Ryan Day brings:

1 Strategic Leadership & Development

Our Technical Director creates and implements a unified coaching philosophy, player development framework, and tactical identity across all levels. This ensures consistency in training, scouting, and game strategy, providing a clear pathway for players to progress into League1 Ontario.

2 High-Performance Standards & Readiness

With League1 Ontario being the highest level in our pathway, our Technical Director ensures the club meets and exceeds all technical and operational standards required for L1O competition. They oversee coaching certification, player progression, and structured training programs, ensuring KU is ready now—not years from now.

3 Sustainable Success & Player Pathway

A Technical Director bridges the gap between youth development, senior teams, and professional opportunities. By managing scouting, recruitment, and progression plans, they ensure top talent is retained and developed within Kingston United’s high-performance system, creating a lasting pipeline for future success.



Ryan Day

“Investing in youth player development is investing in the future of the game, where potential meets opportunity and greatness is nurtured from the ground up.”

Our qualified head coaches

Kingston United’s Coaching Depth: Built for OPDL.

Kingston United has assembled a coaching staff with unmatched depth and expertise, featuring UEFA and CSA-certified professionals across all levels of player development. Our qualified head coaches, including UEFA ‘A’ and ‘B’ licensed leaders, bring international experience and high-performance coaching credentials that ensure our players receive elite-level training from day one.

Having a fully staffed, highly qualified coaching team ensures a seamless transition through all the levels at Kingston United. With specialists in youth development, high-performance training, and goalkeeping, our coaching infrastructure is already in place to support player progression at every level.

This depth means our OPDL teams will benefit immediately from a structured, player-focused coaching environment that meets and exceeds professional standards. It also ensures coaching continuity, a unified tactical identity, and a well-defined player development pathway, providing long-term stability and success.

With a coaching team of this caliber, Kingston United is fully prepared to prepare and develop our players for OPDL.

Strength on and off the bench. Our head coaches –

Morgan O’Hanrahan
(Kingston United)
UEFA ‘A’ License, UEFA ‘A’ Elite Youth License

Ralph Holah
(Kingston United)
CONCACAF ‘B’ License

Chad Beaulieu
(Kingston United)
CSA ‘B’ License

Kasy Kiarash
(Queens University)
UEFA ‘A’ License. Part of the Canada Soccer Women’s Coaching Staff.

James Larkin
(Kingston United)
UEFA ‘B’ License

Our qualified assistant coaches



Strength on and
off the bench. Our
assistant coaches

Roy Indranil
(Kingston United)
CSA 'C' License
Certified

Henk Kuchlein
(Kingston United)
National Youth
Canada Soccer GK
License,

Matt Zaikos
(Queens University)
National Youth Canada
Soccer GK License, Ontario
Soccer Goalkeeper
Certificate.

Billy Camperlino
(Kingston United)
CSA 'C' License
Certified

Darren White
(Kingston United)
CSA 'C' License
Certified

Let's build something together.

ON AND OFF THE PITCH

Join Our Talent ID Sessions

We're currently recruiting players born in 2013 (U13) for the 2026 season.

Talent ID sessions begin in early September, with ongoing assessments through the fall.

Register now at www.kusc.ca/TalentID

Questions? We'd love to chat. Reach out at info@kusc.ca

OPDL is a commitment—but it's also a launchpad.

Whether your child is aiming for university soccer, a national team, or simply to become the best version of themselves—Kingston United is here to help them get there.

Welcome to the next level.

Welcome to Kingston United OPDL.

Building Pathways to the Pros: at Kingston United we are committed to getting our players where they want to go.

UNITED WE BUILD MORE THAN SOCCER PLAYERS, WE CREATE TEAMS.



KINGSTON UNITED & OPDL • WHEN YOU HAVE A SOLID FOUNDATION AND ALL THE PARTS ARE IN PLACE, THERE IS NO LIMIT TO WHAT YOU CAN ACHIEVE .